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the  
**Armed Forces**  
charity

R U N 1 1 0 K M A C R O S S  
T H E A Z O R E S I S L A N D S



# Household Division veterans

## WHO WE ARE LOOKING FOR?

We are looking for veterans from the Household Division to run or tab 110km across the volcanic island of São Miguel in the Azores.

Flight departs London on Thursday 18th May. Returning on Monday 22nd May 2023.

## ABOUT THE EVENT

The race is split across two days: 60km on day one & 50km on day two. Although this sounds daunting, it is achievable for anyone with the right mindset and a basic fitness level. You'll have a member of the SSAFA team to help you prepare & train for the event, answer any questions you may have and full support during the race.

## What's included?

Return flights from London, airport transfers, hotel, most meals, team running kit, all running hardware required (except trainers), insurance, medical cover, race medal, plus an enormous sense of achievement and self-pride!

## Your commitment

£150 personal contribution. Commit to fundraise for SSAFA the Armed Forces charity.



## What to do next?

Either apply for a place straight away through the form attached. Or if you have any questions at all please email [richard.french@ssafa.org.uk](mailto:richard.french@ssafa.org.uk) with your name, phone number and question. I will call you back to answer any questions you have. Spaces are limited, so early booking is advised to avoid disappointment.



[Richard.French@SSAFA.org.uk](mailto:Richard.French@SSAFA.org.uk)

# Azores 110km Household Division Team Application Form

Please answer all of the questions below and return form to [Richard.french@ssafa.org.uk](mailto:Richard.french@ssafa.org.uk)

Questions are to gauge the applications and teams. You do not have to have deployed, been wounded or be an experienced runner to apply. You just need to be willing to support fellow veterans and benefit from this experience.

Full Name as on Passport	
Preferred name/Nickname	
Date of Birth	
Regimental Number	
Rank on discharge	
Parent Regiment	
Discharge Date	
Were you medically discharged?	
Operational tours and dates	
Running experience	
How would this experience benefit you?	

